

Seagulls to Chips

Student Leadership short course

Date: 14th September 2023

Group: Port Dalrymple School and South George Town Primary School

Venue: Launchpad

Time: 9.30am-2.30pm



Aim: To help equip student leaders in year 5/6 with a basis of quality leadership values, mindsets and skillsets in order to launch individuals into a proactive and constructive year of student leadership.

Scope: Utilizing the framework of the Seagulls to Chips program, the Student Leadership Short course leans into assisting participants to seize leadership opportunities in their school environment and to be positive contributors in their community. The short course will also be a helpful stepping stone for those wanting to engage in the full Seagulls to Chips program.

Program

9.00am-9.15am – SET UP

9.15am-9.30am – STUDENTS ARRIVE

9.30am-10.00am

Introduction: Overview and Setting the Scene

Scope: Ice Breakers, Learning Outcomes, Engagement

Key Activities: Ice Breaker games including Rat & Rabbit, Finger Grab

Lesson Plan: Welcome, Intro of oneself, leadership is..., overview of the day, group rules, encourage questions, introduce worksheets, trust fall example

10.00am-10.20am

Session 2: Building a Values Based Culture

Scope: Managing the balance between the goal/task and the people with their individual needs

Key Activities: Cup/Ball passing mayhem activity,

Lesson Plan: Discuss values of school and student leadership with cup of water, discuss tasks and goals to achieve with balls, combine the two, reflect on exercise, discuss TMI (task, maintenance, individual framework of group dynamics), discuss what we can do to build better 'maintenance' functions, questions and worksheets

10.20am-10.40am – RECESS

10.40am-11.10am

Session 3: The Process of Identification

Scope: The importance of admiration and role models

Key Activities: admiration worksheet, 'My role' model group drawing

Lesson Plan: Write down who you admire and share, explore what it means to have role models, Group drawing of the ideal role model, explore what it means to be a role model and its impact psychologically, 3 responses as a role model, questions and worksheet

11.10am-11.40am

Session 4: VALID Leadership

Scope: Leadership that's effective in every situation and with every group

Key Activities: Broom Pole, Good Leader/Good Member, VALID activities, Pass the Teddy

Lesson Plan: Broom Pole Challenge, Explore leader/member characteristics, Introduce the function of leadership, Introduce VALID styles of leadership, Split group into 5 and get them to do a 30 second skit of leadership styles, questions and worksheet

11.40am-12.15pm

Session 5: A Listening Leader

Scope: Communication, Listening disciplines, values

Key Activities: Listening Charades, Group Speaking Challenges, Draw Like Me activity, Mute Birthday Line,

Lesson Plan: Explore Content and Process, Group Speaking Challenge with variations of process, Explore listening to process, Mute Birthday Line, Listening Charades, Encourage empathy, questions and worksheet

12.15pm-12.30pm – BRAIN DUMP TIME!

Braindumping brainstorm session on what they'd love to do for their school. A mix of chaos and fun on a whiteboard!

12.30pm-1.00pm – LUNCH

1.00pm-2.00pm

Session 6: Social Power

Scope: Realising the Power and Influence you have as a Leader

Key Activities: Mine Field, Broken Squares Activity

Lesson Plan: Mine Field Activity, Broken Squares activity, highlighting how we can often use/misuse our social power and influence for good or bad, explore how we often jump to conclusions about others, explore how we can use our status to help others, questions and review sheet

(Broken Squares, Set up Broken Squares with the challenge of addressing group issues of communication, problem solving and innovative action, Explain rules, Run activity, review with questions and worksheet)

2.00pm-2.30pm

Session 7: Trustworthy Leaders and Graduation

Scope: Being inspiring, aspiring and perspiring!

Key Activities: Blindfold walk, run the gauntlet, trust fall

Lesson Plan: Leadership is....., Trust fall with leader, Blindfold Walk, Run the Gauntlet, worksheet, Questions, Graduation photo.

2.30pm-2.45pm – STUDENTS DEPART

2.45pm-3.00pm – PACK UP



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name

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Session 1: Overview and Setting the Scene

My name is.....

A leader is.....

I feel confident in my leadership abilities 1-----2-----3-----4-----5

I feel trained and equipped to be a leader 1-----2-----3-----4-----5

Session 2: Building a Values Based Culture

One thing I liked from this session...

Circle what you need to improve on most:

Keeping task focused

Supporting others

Managing my own needs

Session 3: The Process of Identification

People who I admire are:

Family or friend	what I admire in them
Someone in history	what I admire in them
Someone fictional	what I admire in them

Session 4: VALID Leadership

Name a situation that your student leadership may face that the following leadership styles are going to work?

Visionary Leadership -	
Autocratic Leadership -	
Laissez-faire Leadership -	
Innovative Leadership -	
Democratic Leadership -	

Session 5: A Listening Leader

What's a skill that I want to work on with helping people understand me better?

What is a way that I can listen better?

BRAIN DUMP SESSION!

What was an idea you heard/had that you would love to do for your school? (feel free to draw it!)

EXAMPLE PROGRAM

Session 6: Social Power

Broken Squares Review:

How can Broken Squares be applied in real life situations?

Mine Fields Activity:

Social Status is about.....

The Student Leadership can support those with lower status by...

The Student Leadership can support those with higher status by...

Session 7: Trustworthy Leaders

I can be a trustworthy leader by...

EXAMPLE PROGRAM

Review:

A leader is.....

I feel confident in my leadership abilities 1-----2-----3-----4-----5

I feel trained and equipped to be a leader 1-----2-----3-----4-----5

An idea for student leadership that I want to bring to my school is.....

An opportunity for my next step in leadership is.....

Any other feedback you would like to provide:

